

Typical Weekly Schedule: Summer Tennis Academy programme, with Multi-Activities

Below is a sample timetable providing an overview of a typical week.

Exemplar:	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
8am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	9am: Weekend Breakfast Brunch	10am: Weekend Breakfast Brunch
9.00am - 10.15am	1-2-1 skills development play	Forehand Power & Consistency	Full day excursion and game play University of Nottingham Tennis and Padel Centre	1-2-1 skills development play	Agility & Movement Efficiency	Day Trip to Stratford-upon- Avon - home of Shakespeare	Arrivals / Departures day
10.15am - 10.45am (Integration with Ratcliffe College students)	Break: Summer Cafe, table tennis and pool	Break: Summer Cafe, table tennis and pool		Break: Summer Cafe, table tennis and pool	Break: Summer Cafe, table tennis and pool		
10.45am - 12.45pm	Agility & Movement Efficiency	Serve Accuracy & Variety		Net Game & Transition Play	1-2-1 skills development play		-\ <u>\</u>
12.45pm - 1.45pm (Integration with Ratcliffe College students)	Lunch	Lunch		Lunch	Lunch		Summer Games Day on campus
1.45pm - 3.00pm (Integration with Ratcliffe College students)	Business Enterprise project	Art - Painting and Photography Project		Campus and Orchard Summer Walk - fruit picking	Baking - British Homemade Muffins		
3.00pm - 3.30pm (Integration with Ratcliffe College students)	Break: Summer Cafe, table tennis and pool	Break: Summer Cafe, table tennis and pool		Outdoor recreation: Golf driving range visit	Break: Summer Cafe, table tennis and pool		
3.30pm - 4.45pm (Integration with Ratcliffe College students)	British Board Games	Music and Drama Workshop			Graduation Ceremony for Leavers'		
4.45pm - 6pm	Free time with friends	Free time with friends			Free time with friends	Free time with friends	Free time with friends
6pm	Supper	Supper		Supper	Supper	Supper	Summer BBQ
6.45pm - 9pm	Rounders / Quick Cricket	Basketball Tournament	Campfire Night	Disco Night	Theatre Games Night	Boarders' Lounge and Film Night	Induction / Team Building Games
9pm	In House	In House	In House	In House	In House	In House	In House
9.30pm - 10.30pm (staggered per age)	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out
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