

# Year 11 PSHCE Programme 2025-26



Unit title		Content
<b>Living in the Wider World</b> – Building for the future	Monday 1 Sept Periods 2 Monday 1 Sept Periods 3	1. <b>Careers Session</b> - Morrisby Assessments 2. <b>Careers Session</b> – Morrisby Assessments
<b>Health &amp; Wellbeing</b> – Building for the future & independence	Monday 8 Sept Period 2 Monday 22 Sept Period 3 Monday 6 Oct Period 4 Monday 3 Nov Period 5	3. Wellio – Saving lives with first aid– Tutor Led Session 4. Wellio – Organ donation– Tutor Led Session 5. Wellio - Understanding vaccinations & immunisations – Tutor Led Session 6. Preparation for Mocks/stress management – (Internal Anti-Bullying Week – during tutor times)
<b>Living in the Wider World</b> – Next Steps	Tuesday 18 Nov Period 2 Tuesday 2 Dec Period 3 Friday 12 Dec Period 2 Friday 12 Dec Period 3 Tuesday 6 Jan Period 4	7. <b>Careers Session</b> - Introduction to CVs. – Tutor Led Session 8. <b>Careers Session</b> - CV Writing – Tutor Led Session 9. <b>Careers Session</b> – <b>External Speaker</b> , Andrew Wright - Interviews 10. <b>Careers Session</b> - Interview Preparation– Tutor Led Session 11. <b>Careers Session</b> – Interviews – <b>External Speaker</b>
<b>Relationships - Families &amp; relationships</b>	Wednesday 21 Jan Period 2 Wednesday 4 Feb Period 3 Wednesday 25 Feb Period 4	12. RSHE - Children's Mental Health Wk - Gender Roles - <b>External Speaker</b> – Will Adolphy 13. RSHE - Internal e-safety Week –Birth Control 1010 Resources – Tutor Led Session 14. RSHE – Pornography – 1010 Resources – Tutor Led Session
<b>Relationships</b> – communication & values	Wednesday 11 March Period 5 Thursday 26 March Period 2	15. <b>National Careers Week</b> – <b>External Speaker</b> , University Taster Days – Next Steps 16. RSHE – Coercive Control – 1010 Resources - Tutor Led Session
	Thursday 30 April Period 3 Thursday 14 May Period 4	17. Preparation & Revision for Examinations 18. Year 11 Study Leave onward.