

Year 12 PSHCE Programme 2025-26



Unit title		Content
Health & Well-being – real life expectations	Monday 1 Sept Period 2 Monday 1 Sept Period 3 Monday 1 Sept Period 4 Monday 8 Sept Period 2 Monday 22 Sept Period 3 Monday 6 Oct Period 4	<ol style="list-style-type: none"> 1. A positive start to the year – Induction & Routines - BH 2. Bright Futures Workshop 2a. Bright Futures Workshops 3. Careers Session - Year 12 Advice & Initial Considerations – Ben Harrison, Tutor Led Session 4. Wellio – Fake news and misinformation - Tutor Led Session 5. Wellio – The distorted reality of pornography - Tutor Led Session
Health & Well-being - resilience	Monday 3 Nov Period 5 Tuesday 18 Nov Period 2 Tuesday 2 Dec Period 3 Friday 12 Dec Period 2 Friday 12 Dec Period 3	<ol style="list-style-type: none"> 6. Wellio – (Internal Anti Bullying Week) – Vaping Crackdown - Tutor Led Session 7. RSHE – Chin up or chin down - External Speaker – Darren Swift – McLellan Practice 8. Wellio – STI's – Tutor Led Session 9. External Speaker – Russel Robinson – Criminal Law Talk 10. Follow up discussion on previous topic - Tutor Led Session
Living in the wider world – next steps - & overlap Relationships - wider understanding	Tuesday 6 Jan Period 4 Wednesday 21 Jan Period 2 Wednesday 4 Feb Period 3 Wednesday 25 Feb Period 4 Wednesday 11 March Period 5 Thursday 26 March Period 2	<ol style="list-style-type: none"> 11. Careers Session – Ben Harrison, Higher Education Initial Plans. 12. RSHE/Wellio – Internal Mental Health Wk – Caring for your mental health – Tutor Led Session 13. Internal assessments – preparation and revision support 14. Wellio – AI and society – Tutor Led Session 15. National Careers Week - Employability/Work Experience - Tutor Led Session 16. Wellio – Alcohol dependence & excessive drinking – Tutor Led Session
Living in the wider world - university prep Living in the Wider World – Work experience	Thursday 30 April Period 3 Thursday 14 May Period 4 Friday 5 June Period 2 Friday 19 June Period 3 Friday 26 June Period 5 Friday 26 June Period 6 Monday 29 June Period 1 Monday 29 June Period 2 Monday 29 June Period 3 Monday 29 June Period 4	<ol style="list-style-type: none"> 17. Careers Session - Unifrog Shortlists/Course Research - Tutor Led Session 18. Careers Session - Registering UCAS - Tutor Led Session 19. Revision for Mocks 20. Careers Session – Personal Statements – External Speaker University TBC. 21. Careers Session – Personal Statement Workshop 22. Careers Session – Personal Statement Workshop/Year 10 Enterprise Event 23. Work experience 24. Work experience 25. Work experience 26. Work experience