

Year 13 PSHCE Programme 2025-26



Unit title		Content
Living in the Wider World – preparing for the future	Monday 1 Sept Period 2 Monday 1 Sept Period 3 Monday 8 Sept Period 2 Monday 22 Sept Period 3 Monday 6 Oct Period 4	<ol style="list-style-type: none"> 1. Careers Session – UCAS 2. Whole Year Meeting - Sixth Form Culture and Expectations. 3. Careers Session - Personal Statement Writing Workshop. 4. Careers Session – As above or Optional Apprenticeship Session External Speaker - ASK. 5. Careers Session – Optional Interview Skills Workshop or Personal Statement Writing Workshop
Health & Well-being – resilience	Monday 3 Nov Period 5 Tuesday 18 Nov Period 2 Tuesday 2 Dec Period 3 Friday 12 Dec Period 2 Friday 12 Dec Period 3	<ol style="list-style-type: none"> 6. Wellio (Internal Anti-Bullying wk) Vaping Crackdown - Tutor Led Session 7. RSHE – Chin up or chin down - External Speaker – Darren Swift – McLellan Practice 8. Wellio – STI's – Tutor Led Session 9. External Speaker – Russel Robinson – Criminal Law Talk 10. Follow up discussion on previous topic - Tutor Led Session
Living in the Wider World – university preparation	Tuesday 6 Jan Period 4	11. Careers Session - Making UCAS Decisions Once you have Replies – Mr Ben Harrison
Relationships - A wider understanding	Wednesday 21 Jan Period 2 Wednesday 4 Feb Period 3 Wednesday 25 Feb Period 4 Wednesday 11 March Period 5 Thursday 26 March Period 2	<ol style="list-style-type: none"> 12. RSHE/Wellio – Internal Mental Health Wk – Caring for your mental health – Tutor Led Session 13. RSHE/Wellio - Internal E-Safety Week – Online radicalisation – Tutor Led Session 14. Wellio – AI and society – Tutor Led Session 15. Mocks/National Careers Week. 16. Wellio – Alcohol dependence & excessive drinking – Tutor Led Session
Living in the wider world - Final Decisions	Thursday 30 April Period 3	17. Careers Session – Results Day Advice – External Speaker