

Year 7 PSHCE Programme 2018-19



Unit title		Content
Personal Well-being Informed & positive choices	Monday 17 & 18 Sept p6 Tuesday 2 Oct period 2 Tuesday 30 Oct period 3	1&2. RSE – TenTen Theatre, Facts of Life production (Monday) external speakers 3. Forming new friendships / relationships, being part of a team, managing conflict 4. RSE – Puberty – physical & emotional changes, health & hygiene – external speakers BTC
Citizenship Diversity & law & order	Tuesday 13 Nov period 4 Tuesday 27 Nov period 5	5. Anti-bullying week – School and national competition 6. Year 7 charity – external speaker – Alzheimers – Lloyd Butcher TBC
Economic Wellbeing Careers & Choice	Tuesday 11 Dec period 6 Wed 16 Jan period 2 Wed 30 Jan period 3	7. ‘This is me’ – My traits & skills investigation & facebook wall (careers block) 8. Matching skills to careers – individual further investigation 9. My dream job/career – how do I know?
Citizenship Relationships – Diversity & law & order	Wed 13 Feb period 4 Wed 6 March period 5 Wed 20 March period 6 Thurs 4 April period 2	10. Acceptance of faiths (St Phillips Multi faith groups) external speakers 11. Fundamental British Values – Introduction to National Government – external speakers BTC 12. Hate & Anti-Social Behaviour Awareness Session – external speakers County Hall/CBC 13. Spot the scam – be safe & legal on-line external speakers BTC
Personal Well-being Healthier & safe lifestyles	Thurs 9 May period 3 Friday 24 May period 4 Friday 14 June period 5	14. Emotional Health & Well-being Week – external speakers BTC 15. The Eat Well Plate Lesson – eating healthily- external speakers – Best Education 16. Keeping Safe – Water Safety – RNLI – external speakers