

# Year 8 PSHCE Programme 2018-19



Unit title		Content
<b>Personal Well-being</b> Informed & positive choices	Monday 17 & 18 Sept p6 Tuesday 2 Oct period 2 Tuesday 30 Oct period 3	1&2. RSE – TenTen Theatre, The Trouble with Max production (Monday) <b>external speakers</b> 3. RSE - Fostering good & positive relationships – <b>external speakers BTC</b> 4. RSE - Personal appearance and body image – influence of the media
<b>Citizenship</b> Relationships – Diversity & difference	Tuesday 13 Nov period 4 Tuesday 27 Nov period 5 Tuesday 11 Dec period 6	5. Anti-Bullying Week – <b>external speakers – BTC</b> – Designing T-shirts competition 6. Diversity- the elderly – tutor session 7. Year Group Charity – <b>external speaker TBC</b>
<b>Personal Well-being</b> Personal & future choices	Wed 16 Jan period 2 Wed 30 Jan period 3	8. Drugs Education– <b>external speakers – part interactive session - BTC</b> 9 Importance of a healthy lifestyle – eating healthily – <b>external speaker – Best Education</b>
<b>Citizenship</b> Young People and the Law	Wed 13 Feb period 4 Wed 6 March period 5 Wed 20 March period 6	10. Accidental outlaw – e-safety – <b>external speakers BTC</b> 11. Fundamental British Values - Different types of government – tutor session 12. Public institutions – the role of an MP – <b>external speakers - BTC</b>
<b>Citizenship</b> Rights & responsibilities	Thurs 4 April period 2 Thurs 9 May period 3	13. Votes for women – <b>external speakers - BTC</b> 14. Emotional Health Week – <b>external speaker</b> old Ratcliffian Charlie Easom – Mental Health Expert/speaker
<b>Economic Wellbeing</b> Careers & Choice	Friday 24 May period 4 Friday 14 June period 5	16. Understanding about Careers & Skills building 17. Discovering careers – The world of work