

# Year 10 PSHCE Programme 2020-2021



Unit title		Content
<b>Personal Well-being</b> Informed & Positive Choices RSE	Monday 14 Sept (Period 5) Tuesday 29 Sept (Period 2) Tuesday 13 Oct (Period 3) Tuesday 10 Nov (Period 4)	1. RSE –Personal Relationships (Marriage) 2. RSE - My Body (Body Image) 3. Black History Month 4. Anti-Bullying Week
<b>Citizenship</b> Relationships – Diversity & Difference - RSE	Tuesday 24 Nov (Period 5) Wednesday 9 Dec (Period 2) Wednesday 13 Jan (Period 3) Wednesday 27 Jan (Period 4) Wednesday 10 Feb (Period 5)	5. RSE - Babies 6. RSE - Babies 7. RSE - Knowing my Rights & Responsibilities 8. RSE - Internal E-Safety Week 9. RSE - Children’s Mental Health Week
<b>Economic Wellbeing</b> Careers & Choice	Thursday 4 March (Period 2) Thursday 18 March (Period 3) Thursday 22 April (Period 4) Friday 7 May (Period 2) Friday 21 May (Period 3) Friday 11 June (Period 4) Friday 25 June (Period 5)	10. National Careers Week 11. Careers Session 12. Careers Session 13. Careers Session 14. Careers Session 15. Gang & Knife crime (The facts) 16. Study Sensi – Preparation for Year 11 exam technique sessions

\* RSE = Relationships and Sex Education Programme  
 \* FBV = Fundamental British Values