

Year 8 PSHCE Programme 2020-2021



Unit title		Content
Personal Well-being Informed & Positive Choices	Monday 14 Sept (Period 5) Tuesday 29 Sept (Period 2) Tuesday 13 Oct (Period 3) Tuesday 10 Nov (Period 4)	1. RSE - Personal Relationships (Family & Friends) 2. RSE - My Body (Changing bodies) 3. Black History Month 4. Anti-bullying week / Living in an unjust world
Economic Wellbeing Careers & Choice	Tuesday 24 Nov (Period 5) Wednesday 9 Dec (Period 2) Wednesday 13 Jan (Period 3)	5. Careers Session 6. Careers Session 7. Careers Session
Personal Well-being Personal & Future Choices	Wednesday 27 Jan (Period 4) Wednesday 10 Feb (Period 5) Thursday 4 March (Period 2)	8. RSE - Internal e-safety week 9. RSE -Children's Mental Health Week 10. National Careers Week
Citizenship Rights & Responsibilities	Thursday 18 March (Period 3) Thursday 22 April (Period 4) Friday 7 May (Period 2)	11. Drugs & Alcohol Awareness 12. FBV – Votes for Women 13. FBV – Role of MP's
Personal Well-being Informed & Positive Choices	Friday 21 May (Period 3) Friday 11 June (Period 4) Friday 25 June (Period 5)	14. RSE - The trouble with Max 1 of 3 15. RSE - The trouble with Max 2 of 3 16. RSE - The trouble with Max 3 of 3

* RSE = Relationships and Sex Education Programme
 * FBV = Fundamental British Values