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## EYFS School Meals and Food Policy

# ***“Strength of Mind, Strength of Values, Strength of Purpose”***

### **Our Mission Statement**

*With Christ at the centre of our learning, we:*

- *Help young people to achieve their greatest potential*
- *Guide their intellectual growth, nurture their God-given talents, and inspire them to live in service to others*
- *Aim to develop honest, confident, responsible and compassionate members of society, based on the educational values of Blessed Antonio Rosmini*

### **Rationale**

In line with the School’s Mission Statement we aim to help students develop their gifts and talents: spiritual and social; intellectual and emotional; aesthetic and physical through the provision of a broad and balanced curriculum, which is responsive to, and supportive of, their needs and aspirations, fosters intellectual curiosity and academic achievement, and motivates them to grow to their full potential. Our Mission Statement is distilled into our Vision Statement, and our aim is to develop our children, pupils and students so that they have “Strength of Mind, Strength of Values, Strength of Purpose”.

### **Introduction**

Children are provided with meals, snacks and drinks throughout their day in Nursery. They are healthy, balanced and nutritious. The importance of healthy eating is stressed through the EYFS curriculum and in the Personal, Social, Health and Citizenship Education programme.

### **Lunch**

All children attend lunch in the Gentili Room where a selection of meals are provided. The children are served a hot meal and can choose their vegetable and dessert.

### **Aftercare Tea**

In the Nursery, at approximately 4.00, a small tea is provided during Aftercare.

### **Water**

The children bring in their own plastic water bottle to school every day. This will go home at the end of the day to be washed at home. Children who forget their water bottles, will be able to have cups of drinking water when required. Fresh drinking water is available and accessible at all times.

### **Educational Trips**

For school trips, a packed lunch is provided for all children by the Catering Department. Dietary requirements are catered for. We ask that parents do not supply children with their own packed lunch for school trips, unless asked.

**Dietary Requirements**

Vegetarians, vegans and those with food intolerances and allergies are catered for. Before a child begins Nursery, parent's are asked to inform the school of special dietary requirements, preferences and food allergies that their child has. It is the parents' responsibility to contact the Catering Manager, Mr G Studd, 01509 817007, for any specific dietary requests for their son/daughter. Parents must additionally inform the Medical Department and the Head of EYFS. Parents must also ensure that they keep the School updated to any further changes to their child's dietary needs. All dietary requirements are recorded in the child's medical file.

**Food Hygiene Training**

All food is prepared in the Kitchen in the Senior School where all Catering Staff have received training in Food Safety and Hygiene. Additionally, at least one member of Nursery staff has a Food Safety and Hygiene Certificate Level 2.

The school will contact Ofsted where two or more children are affected by food poisoning on the Nursery premises. This will be completed within 14 days of the incident.

**Links to other policies:**

School Meals and Food Policy

**Review**

This policy is reviewed annually by the Head of EYFS and the Domestic Bursar.