

# Year 10 PSHCE Programme 2021-22



Unit title		Content
<b>Personal Well-being</b> Informed & positive choices - RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5	1. RSE - Wider world – Solidarity – Tutor led session 2. RSE - My Body - Self-image - Tutor led session 3. RSE - Keeping safe – Abuse & FGM – External Speakers - BTC 4. RSE - Internal Anti-Bullying Week - External speakers - Charlie Easmon – History of Prejudice
<b>Citizenship</b> Relationships – Diversity & difference – RSE, FBV & SMSC	Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2	5. RSE - My Physical Health - Sleep & diet - External speakers - BTC 6. RSE - Babies 1 of 2- Tutor led session 7. RSE - Babies 2 of 2- Tutor led session 8. RSE - Internal e-safety wk - External speakers- Mr Patrick Flynn 9. RSE - Children’s Mental Health Week - External speakers – Attention Seekers
<b>Economic Wellbeing</b> Careers & Choice & SMSC	Wednesday 2 March period 3 Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3 Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	10. <b>National Careers Week</b> - Enterprise 1 11. <b>Careers session</b> - Enterprise 2 12. <b>Careers Session</b> - Enterprise 3 13. <b>Careers Session</b> - Enterprise 4 14. <b>Careers Session</b> - Enterprise 5 15. SMSC - Gang & Knife crime - The facts - External speakers - BTC 16. Study Sensi - Preparation for year 11 exam technique sessions - External speakers - Elevate

RSE = Relationships and Sex Education Programme

FBV = Fundamental British Values within \*

\*SMSC = Spiritual, Moral, Social, Cultural requirements