

# Year 11 PSHCE Programme 2021-22



Unit title		Content
<b>Personal Well-being</b> Informed & positive choices - RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5	1. RSE – Self Worth – Tutor led session 2. Time Management 1 of 3 – External speakers - Elevate 3. RSE - Gender roles (Toxic masculinity) – External speaker – Chris Hemmings 4. RSE - Internal Anti-Bullying Week – Tutor led session
<b>Personal &amp; Economic Wellbeing</b> Careers & Choices & RSE	Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2 Wednesday 2 March period 3	5. <b>Careers Session</b> - CV's 6. <b>Careers Session</b> - Interview Skills 7. <b>Careers Session</b> - Mock Interviews/networking 8. RSE - Internal e-safety wk - External speakers - BTC 9. RSE - Children's Mental Health Week - External speaker - Patrick Foster - Epic 10. Student elevation 2 of 3 - External speakers - Elevate
<b>Citizenship</b> Relationships & Diversity, FBV & SMSC	Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3	11. RSE -Truth & Lies 1 of 2 - Tutor led session 12. RSE -Truth & Lies 2 of 2 - Tutor led session 13. Ace your exams 3 of 3 - External speakers - Elevate
<b>Personal Well being</b> Informed choices & study skills	Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	14. Preparation & Revision for examinations 15. Preparation & Revision for examinations 16. Preparation & Revision for examinations

RSE = Relationships and Sex Education Programme  
 FBV = Fundamental British Values within \*  
 \*SMSC = Spiritual, Moral, Social, Cultural requirements