



## **Our Mission Statement – the reason our College exists**

### **“Learning & Growing in the Light of the Gospel”**

*With Christ at the centre of our learning, we:*

- *Help young people to achieve their greatest potential*
- *Guide their intellectual growth, nurture their God-given talents, and inspire them to live in service to others*
- *Aim to develop honest, confident, responsible and compassionate members of society, based on the educational values of Blessed Antonio Rosmini*

## **Our Vision Statement – the long-term change resulting from our work**

### ***“Strength of Mind, Strength of Values, Strength of Purpose”***

#### ***Strength of Mind***

We aim to enable our students to be truly independent thinkers and to think ‘big’ ideas, using their creative instincts. We aim to empower our students to develop resilience through a growth mind set adopting a ‘not yet...’ rather than a ‘can’t do...’ attitude to their learning and their personal development. We aim to develop young people to become critical thinkers with the capacity for original thought and ideas. We aim to cultivate young minds to accept and welcome failure as a natural part of self-improvement and personal growth – how can we know how to improve unless we first fail?

#### ***Strength of Values***

Ratcliffe College’s educational ethos and Christian values are emphasised by a strong sense of moral purpose and commitment to doing what is right for children and young people. With Christ at the centre of our learning, we educate young people to live their lives based on the Gospel Values: faithfulness and integrity, dignity and compassion, humility and gentleness, truth and justice, forgiveness and mercy, tolerance and peace, service and sacrifice.

As Christians, we hear the call of the Gospel to seek perfection by loving God and others with all our strength, anchored by our School motto, *Legis Plenitudo Charitas*: ‘Love is the fulfilment of the Law’. We aim to educate young people to see Christ in others and to help those less fortunate than themselves or those in need. As a through school with children from 3 to 18, we aim to instil a deep sense of community and belonging to the Ratcliffe College family of Schools: Nursery, Preparatory and Senior.

#### ***Strength of Purpose***

Finally, we aim to educate young people to have a strong sense of who they are and their purpose in the world. We aim to inspire our young people to become the leaders of the future. Our aim is to nurture the God-given talents of every student, whether academic or part of the co-curriculum, so that they achieve their greatest potential and are equipped academically, socially, emotionally and spiritually to go forth and make a positive difference to the communities in which they live and work.

## **Ratcliffe College Senior School (Years 7-13)**

### **Personal, Social, Health and Citizenship Education (PSHCE) Policy**

Author: T Spencer	Receiver: All senior staff
Review Date: August 2021	Next Review: July 2022

#### **Rationale**

At Ratcliffe College the PSHCE programme supports the school's Mission Statement in the following ways:

- PSHCE raises the self-esteem of students, valuing and building upon the ideas of the young people themselves. It accepts that we are all different, yet all are equally valued: it encourages young people to consider the consequences of their own actions.
- PSHCE ensures that the students will develop the skills, knowledge and attitudes which enable them to take control of their own lives and remember their responsibility to others.
- PSHCE is reflected not only through the taught curriculum but also through our expectations; code of behaviour; relationships between students, between staff and between staff and students; the physical environment (classrooms, common rooms, boarding areas and corridors are aesthetically pleasing and well cared for); and a wide range of extra-curricular experiences.
- PSHCE is inclusive of SMSC (including FBV) and the new RSE programme as these subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others', wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society.

#### **Whole School PSHCE Aims**

1. To help foster the Catholic ethos of the school.
2. To assist students in developing awareness of their responsibility to themselves, others and the school.
3. To foster a greater sense of security, co-operation and achievement at school.
4. To help students explore their own performance, feelings, attitudes and values; thereby fostering the development of a positive self-image amongst students.
5. To work towards the improvement of each student's academic performance throughout all areas of the curriculum.
6. To help students develop a greater sense of understanding and empathy towards other members of our school community.
7. To encourage students to examine and evaluate their attitude towards important social issues.
8. To prepare students for life after school in a time of increasingly accelerating social, moral and economic change.
9. To increase awareness of issues on the world-wide stage and promote a caring and sympathetic approach to the plight of others less fortunate than themselves.

## **Implementation – Teaching and Learning**

A range of teaching and learning styles are used. Emphasis is placed on active learning, including the students in discussions, investigations, debates, role-play and problem solving activities. Visiting external speakers are a regular feature of the PSHCE programme and each Year group has the opportunity to hear a visiting speaker at least twice a term.

## **Planning and Organisation**

The common topics are:

- 1 Personal health and well-being
- 2 Economic well-being & Higher Education
- 3 Citizenship
- 4 RSE (Relationship & Sex Education)

These will be taught in blocks to ensure continuity of learning and the number of lessons in each block may vary according to the topic content to be delivered.

A varying degree of emphasis is placed upon each of these themes in relation to the particular age, development and need of the student. Specific objectives for each year group are contained in the appendix.

PSHCE lessons are timetabled fortnightly on a rolling programme, the content of which is written as 'Programmes of Study'. The dates for PSHCE lessons in 2021-22 are as follows:

DATE	PERIOD	SESSION
Mon 13 Sept	Period 2	1
Mon 27 Sept	Period 3	2
Mon 11 Oct	Period 4	3
Mon 8 Nov	Period 5	4
Tues 23 Nov	Period 2	5
Tues 7 Dec	Period 3	6
Tues 11 Jan	Period 4	7
Tues 25 Jan	Period 5	8
Wed 9 Feb	Period 2	9
Wed 2 March	Period 3	10
Wed 16 March	Period 4	11
Thur 31 March	Period 2	12
Thur 5 May	Period 3	13
Thur 19 May	Period 4	14
Fri 10 June	Period 2	15
Fri 24 June	Period 3	16

The programmes of study delivered in the PSHCE lessons are also enhanced and enriched by the following important experiences, which are a feature of any student's life at Ratcliffe College:

- Opportunities for prayer and worship, both collective and personal
- Through assemblies – School, House and Year group
- Involvement of students in assemblies/Year meetings
- Awareness of the needs of others through works of Christian charity (at home & abroad)
- Positions of responsibility – e.g. Monitors, Prefects, Head Boy and Head Girl, House Captains and Sports Captains
- Representatives at School Council, Boarding Council and Year group committees
- School residential experiences, activities days/weeks, retreats, Duke of Edinburgh Award Scheme, foreign exchange visits, community links and the Young Enterprise Scheme
- Extra-curricular activities programme
- Involvement in school productions and events
- Boarding night prayers – boarders only
- Maintenance of the student planner
- Recognition of achievement through the merit and commendation system
- Involvement in the school's House System
- Interaction with guests and visitors to the school
- Participation in school Open Mornings, acting as guides and working within departments
- Opportunities for Careers interviews and Work Experience
- Through promoting positive relationships with each other and with members of staff
- Through the school's expectations and code of behaviour
- Ensuring that the physical environment (classrooms, common rooms, boarding areas and corridors) is aesthetically pleasing and well cared for

### **Role of Form Tutor**

The key person in the delivery of PSHCE is the Form Tutor. To do this he/she will:

- Liaise with the Head of Year and the Head of PSHCE with regard to content of the PSHCE programme.
- Ensure he/she has the resources available for tutees prior to each session.
- Ensure tutor time is used constructively and efficiently in furthering the PSHCE development of his/her tutees.

### **Role of Head of Year**

- Liaise with the Head of PSHCE with regard to the content of the PSHCE programme.
- Liaise with the Head of PSHCE about the arrangements for visiting speakers.
- Ensure that resources are available for Form Tutors.
- Include a review of the PSHCE programme as an agenda item for the meeting with Form Tutors at least once each term and feedback during pastoral meetings.

## **Role of the Head of PSHCE**

The PSHCE programme is co-ordinated by Miss Tiffany Spencer. To do this she will:

- Liaise with students, Form Tutors, Heads of Year and Senior Management Team.
- Be responsible for the progression and co-ordination of the subject.
- Support Form Tutors and Heads of Year in planning PSHCE activities.
- Maintain and purchase appropriate PSHCE resources.
- Attend PSHCE courses.
- Lead and assist in school based Inset.
- Monitor & improve the PSHCE programme.
- Liaise with the Preparatory School, Nursery and Sixth Form.
- Arrange a PSHCE visiting speaker for each Year group at least twice a term.
- Arrange venues and resources for PSHCE visiting speakers.

## **Monitoring**

Programmes of Study and tutor time will be monitored by Miss Tiffany Spencer through:

- Requesting feedback off Mr M Cole after his observation of tutors delivering the tutor programme.
- Observation of PSHCE lessons, along with Mr Donegan and Miss Hall
- Looking at students' recorded work.
- Observation of visiting speakers.

## **Review**

Programmes of Study will be reviewed by:

- Miss Tiffany Spencer, together with the pastoral deputy head.
- Heads of Year together with Form Tutors.
- Form Tutors together with tutees (tutees will be asked to complete evaluation questionnaires at the end of each year).

Appropriate amendments can then be made. The policy will be reviewed and changed as the requirements of the National Curriculum change and as we develop new ideas from courses attended.

## **Links to Other Policies**

- Curriculum Policy
- Pastoral Care Policy
- Boarding Policy
- Rewards and Sanctions Policy
- Careers Education Guidelines
- Anti-Bullying Policy
- Peer on Peer Abuse Policy
- Equal Opportunities Policy
- Education in Sexuality Policy

Policy last Reviewed by the head of PSHCE – July 2021



## **Appendix 1 – Personal, Social, Health and Citizenship Education Policy**

### **PSHCE Objectives**

#### **Year 7**

1. To promote a sense of well being, belonging and security for students beginning a new school.
2. To understand the school rules and systems to enable students to integrate and interact with the organisation of the school.
3. To develop effective relationships with their peers, so that they feel trust, concern and support for one another.
4. To develop self-esteem and confidence so that they can become effective independent learners and allow their personal growth.
5. To be aware of others who are less fortunate than themselves and to respect cultural differences.
6. To review their strengths and weaknesses in relation to their work and to set realistic targets.
7. To understand how to keep healthy, and be aware of influences on health.
8. To inform students of the basic facts and the importance of laws, including school rules and the role of the local government.
9. To be aware of their role in society with regards to voting, the electoral system, freedom of speech and opportunities for them to bring about change within the local and global community.

#### **Years 8 & 9**

1. To continue to develop self-esteem by allowing students the opportunity to reflect on personal qualities they possess and to gain a greater understanding of the qualities important to them.
2. To develop skills such as discussion, listening, co-operation required for group activities.
3. To develop an awareness of physical and emotional changes and how to manage these.
4. To respect the differences between people as they develop a sense of identity.
5. To continue to review their strengths and weaknesses in relation to their work and to set realistic targets.
6. To reflect on their contribution to the school community.
7. To demonstrate personally effective ways of resisting pressure which threatens their own safety and the safety of others.
8. To understand that personal actions have consequences and that within relationships there must be negotiation and compromises.
9. To inform students of the basic facts about alcohol and illegal substances and the risks associated with misuse of prescribed drugs and gambling
10. To prepare and plan for realistic choices for KS4, and use a variety of resources in order to research future career aspirations.

11. To develop an awareness crime and punishment and an understanding of the role of the Police, the importance of rights and democracy within the UK and the European community.
12. To be aware of their role in society with regards to voting, the electoral system, freedom of speech and opportunities for them to bring about change within the local and global community.

## **Years 10 & 11**

1. To continue to develop self esteem by providing opportunities to assess their personal qualities, skills, achievements and potential to set personal goals.
2. To have a sense of their own identity and present themselves confidently in a range of situations and have an understanding of the responsibility of being senior students.
3. To make informed decisions about personal health and to be able to resist unhelpful peer group pressure, particularly in relation to eating patterns, self-image and social networking
4. To know how and where to seek professional advice on matters relating to health.
5. To develop effective and fulfilling relationships, learning to respect the differences between people and be able to manage changing relationships using strategies to resolve conflict peacefully.
6. To be aware of their responsibilities towards others who are less fortunate.
7. To recognise and manage influences and pressure, for example by learning strategies for coping with stress caused by exams. To reinforce study skills, particularly revision techniques and coursework completion.
8. To understand all the options post-16, including continuing education and training as well as employment, and their financial implications.
9. To continue to follow a careers programme to help plan appropriate routes, and develop career management skills, and the knowledge of how to access the appropriate information.
10. To discuss the value of family life and the need for good parenting,
11. To be aware of their role in society with regards to voting, the electoral system, freedom of speech and opportunities for them to bring about change within the local and global community.



## **Years 12 & 13**

1. To help students explore and evaluate their own performance, feelings, attitudes and values; thereby fostering the development of a positive self-image amongst the students.
2. To help students develop a greater sense of understanding, empathy and respect towards other people.
3. To provide students with opportunities to explore, develop and evaluate their attitudes towards important social issues.
4. To provide students with strategies for improving their performance throughout all areas of the curriculum
5. To enable students to develop skills of communication, teamwork and leadership.
6. To equip students with knowledge and understanding in preparation for life after school (financial awareness, applications for Higher Education and employment, etc.)
7. To make students aware of the dangers of drugs (including alcohol and nicotine) and to encourage students against their misuse.
8. To make students aware of external threats to their well-being (to include road safety, *bullying, and intimidation* by strangers and the continued influence of social media) and to provide strategies for minimising these threats.

# Year 7 PSHCE Programme 2021-22



Unit title		Content
<b>Personal &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4	1. RSE - Wider World - Living Responsibly - Tutor led session 2. RSE - My Body - Changing bodies & Puberty - External speakers BTC 3. FBV - Healthy Eating & Lifestyles - External speaker – Simon Squire – Best Ed.
<b>Personal Well-being</b> Informed & positive choices RSE & SMSC	Monday 8 Nov period 5 Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2	4. RSE - Internal Anti-Bullying Week – internal competition - Tutor led session 5. RSE - Facts of Life 1of 2 - 1010 Theatre Production - Tutor led session 6. RSE - Facts of Life 2 of 2 -1010 Theatre Production - Tutor led session 7. RSE - Personal Relationships Family & Friends - External speakers BTC 8. RSE - Internal e-safety wk – Keeping Safe - My Life on Screen – External speakers TBC 9. RSE - Children’s Mental Health Week - External speakers - BTC - Mindfulness activities
<b>Economic Wellbeing</b> Careers & Choice	Wednesday 2 March period 3 Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3	10. <b>National Careers Week</b> - Step into the NHS Competition 1 11. <b>Careers session</b> - Step into the NHS Competition 2 12. <b>Careers session</b> - Step into the NHS Competition 3 13. <b>Careers session</b> - Step into the NHS Competition 4
<b>Citizenship</b> Healthier & safe lifestyles & diversity – FBV & SMSC	Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	14. FBV - Acceptance of Faiths - External speakers - St Philips Centre 15. FBV - National Government - Tutor led session 16. RSE - Drugs & Alcohol awareness - External speakers - BTC

RSE = Relationships and Sex Education Programme  
 FBV = Fundamental British Values within \*  
 \*SMSC = Spiritual Moral Social Cultural requirements

# Year 8 PSHCE Programme 2021-22



Unit title		Content
<b>Personal Well-being</b> Informed & positive choices RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5	1. RSE - Personal Relationships - Tough Relationships - Tutor led session 2. RSE - My Body - Appreciating Difference - Tutor led session 3. FBV - Faith and Food - External Speakers - St Phillips 4. RSE - Internal Anti-Bullying Week (plus tutor time activities) – External speakers BTC
<b>Economic Wellbeing</b> Careers & Choice	Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4	5. <b>Careers Session</b> 6. <b>Careers Session</b> 7. <b>Careers Session</b>
<b>Personal Well-being</b> Informed & positive choices RSE & SMSC	Tuesday 25 Jan period 5 Wednesday 9 Feb period 2 Wednesday 2 March period 3	8. RSE - Internal e-safety wk - Think before you share - External speakers - Warzone 9. RSE - Children's Mental Health Wk - (Feel great, be great) - External speaker – Mr D Reed 10. <b>National Careers Week</b> - External Speakers
<b>Citizenship</b> Rights & responsibilities – RSE & SMSC	Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3	11. RSE - Drugs & Alcohol Awareness - External speakers - BTC 12. FBV - Role of MP's - Tutor led session 13. FBV - Votes for Women - External speakers - BTC
<b>Personal Well-being</b> Informed & positive choices – RSE & SMSC	Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	14. RSE – Wider World – Tutor led session 15. RSE - The Trouble with Max 1 of 2 - Tutor led session 16. RSE - The Trouble with Max 2 of 2 - Tutor led session

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# Year 9 PSHCE Programme 2021-22



nit title		Content
<b>Personal Well-being</b> Informed & positive choices & - RSE & SMSC  <b>Economic Wellbeing</b> Career Development & Choice	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5	1. RSE - Respecting the Environment - External speaker - Greenpeace 2. RSE - My body – Love People, use things - Tutor led session 3. FBV - Human Rights – External speaker – BTC 4. RSE - Internal Anti-Bullying Week (plus tutor time activities) Tutor led session
	Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2 Wednesday 2 March period 3	5. <b>Careers Session</b> 6. <b>Careers Session</b> 7. <b>Careers Session</b> 8. RSE - Internal e-safety wk - External speakers- Mr Patrick Flynn 9. RSE - Children’s Mental Health Week - External speakers - BTC (Gender identity) 10. <b>National Careers Week</b> - External Speaker
<b>Citizenship &amp; Personal Well-being</b> Informed & positive choices – RSE & SMSC	Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3 Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	11. RSE - Love Honour Cherish 1of 2 - Tutor led session 12. FBV - Democracy – External speaker – BTC 13. RSE - Love Honour Cherish 2 of 2 - Tutor led session 14. SMSC – The importance of sleep – External speaker – BTC 15. RSE – Wider World - Knowing my rights & responsibilities – Tutor led session 16. SMSC – All about money – External Speaker – Mr D Higham

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\*SMSC = Spiritual, Moral, Social, Cultural requirements

# Year 10 PSHCE Programme 2021-22



Unit title		Content
<b>Personal Well-being</b> Informed & positive choices - RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5	1. RSE -Wider world – Solidarity – Tutor led session 2. RSE - My Body - Self-image - Tutor led session 3. RSE - Keeping safe – Abuse & FGM – External Speakers - BTC 4. RSE - Internal Anti-Bullying Week - External speakers - Charlie Easmon – History of Prejudice
<b>Citizenship</b> Relationships – Diversity & difference – RSE, FBV & SMSC	Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2	5. RSE - My Physical Health - Sleep & diet - External speakers - BTC 6. RSE - Babies 1 of 2- Tutor led session 7. RSE - Babies 2 of 2- Tutor led session 8. RSE - Internal e-safety wk - External speakers- Mr Patrick Flynn 9. RSE - Children’s Mental Health Week - External speakers – Attention Seekers
<b>Economic Wellbeing</b> Careers & Choice & SMSC	Wednesday 2 March period 3 Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3 Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	10. <b>National Careers Week</b> - Enterprise 1 11. <b>Careers session</b> - Enterprise 2 12. <b>Careers Session</b> - Enterprise 3 13. <b>Careers Session</b> - Enterprise 4 14. <b>Careers Session</b> - Enterprise 5 15. SMSC - Gang & Knife crime - The facts - External speakers - BTC 16. Study Sensi - Preparation for year 11 exam technique sessions - External speakers - Elevate

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# Year 11 PSHCE Programme 2021-22



Unit title		Content
<b>Personal Well-being</b> Informed & positive choices - RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5	1. RSE - Wider World - Coercive control – Tutor led session 2. Time Management 1 of 3 – External speakers - Elevate 3. RSE - Gender roles (Toxic masculinity) – External speaker – Chris Hemmings 4. RSE - Internal Anti-Bullying Week – Tutor led session
<b>Personal &amp; Economic Wellbeing</b> Careers & Choices & RSE	Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2 Wednesday 2 March period 3	5. <b>Careers Session</b> - CV's 6. <b>Careers Session</b> - Interview Skills 7. <b>Careers Session</b> - Mock Interviews/networking 8. RSE - Internal e-safety wk - External speakers - BTC 9. RSE - Children's Mental Health Week - External speaker - Patrick Foster - Epic 10. Student elevation 2 of 3 - External speakers - Elevate
<b>Citizenship</b> Relationships & Diversity, FBV & SMSC	Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3	11. RSE - Truth & Lies 1 of 2 - Tutor led session 12. RSE - Truth & Lies 2 of 2 - Tutor led session 13. Ace your exams 3 of 3 - External speakers - Elevate
<b>Personal Well being</b> Informed choices & study skills	Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	14. Preparation & Revision for examinations 15. Preparation & Revision for examinations 16. Preparation & Revision for examinations

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# Year 12 PSHCE Programme 2021-22



Unit title		Content
<b>Personal Wellbeing</b> – Self-awareness & Study skills RSE & SMSC	Monday 13 Sept period 2 Monday 27 Sept period 3 Monday 11 Oct period 4	<ol style="list-style-type: none"> <li>1. <b>Careers Session</b> - Year 12 Advice &amp; Initial Considerations</li> <li>2. SMSC/RSE – Drug Awareness – External speaker – Iain Mahony</li> <li>3. RSE - Gender roles (Toxic masculinity) - External speaker - Chris Hemmings</li> </ol>
<b>Citizenship Relationships</b> – RSE, FBV & SMSC	Monday 8 Nov period 5 Tuesday 23 Nov period 2 Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2	<ol style="list-style-type: none"> <li>4. RSE - Internal Anti-Bullying Week - Tutor led session - Relationship safety - Alice Ruggles Trust (Murdered by a stalker)</li> <li>5. FBV - Criminal Law - External speaker - Russel Robinson</li> <li>6. RSE - Common room 1 of 2 - Tutor led session</li> <li>7. <b>Careers Session</b> - Choosing Courses &amp; Unis</li> <li>8. RSE - Internal e-safety wk – On-line pornography - External speakers - I Tricht</li> <li>9. RSE - Children’s Mental Health Week - External speaker – Patrick Foster - Epic</li> </ol>
<b>Economic Wellbeing</b> Career Development & Choice	Wednesday 2 March period 3 Wednesday 16 March period 4 Thursday 31 March period 2 Thursday 5 May period 3 Thursday 19 May period 4 Friday 10 June period 2 Friday 24 June period 3	<ol style="list-style-type: none"> <li>10. <b>National Careers Week</b> - Speaker - Employability/Work Experience</li> <li>11. RSE - Common room 2 of 2 - Tutor led session</li> <li>12. <b>Careers Session</b> - Unifrog Shortlists/Course Research</li> <li>13. <b>Careers Session</b> - Uni Speaker – Personal Statements</li> <li>14. <b>Careers Session</b> - Registering UCAS</li> <li>15. Internal assessments</li> <li>16. <b>Careers Session</b> - Personal Statement Writing Workshop</li> </ol>

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# Year 13 PSHCE Programme 2021-22

Unit title		Content
<b>Economic Wellbeing</b> Career Development & Choice	Monday 13 Sept period 2  Monday 27 Sept period 3 Monday 11 Oct period 4 Monday 8 Nov period 5 Tuesday 23 Nov period 2	1. <b>Careers Session</b> – External Speaker, Nottingham Trent University Recap of UCAS process/Personal Statement writing 2. <b>Careers Session</b> - Personal Statement Writing Workshop 3. <b>Careers Session</b> - Personal Statement Writing Workshop 4. RSE - Internal Anti-Bullying week - External speakers - Alcohol Harms - H Maybury 5. FBV - Criminal Law - External speaker - Russel Robinson
<b>Personal well being</b> Informed choices, healthier & safe lifestyles – RSE & FBV & <u>SMSC</u>	Tuesday 7 Dec period 3 Tuesday 11 Jan period 4 Tuesday 25 Jan period 5 Wednesday 9 Feb period 2 Wednesday 2 March period 3 Wednesday 16 March period 4 Thursday 31 March period 2	6. RSE – Sexual Harassment/consent – External speaker – Roz <u>Bicen</u> - McLellan 7. <b>Careers Session</b> - Making UCAS Decisions once you have replies - Mr Ben Harrison 8. RSE - Internal e-safety <u>wk</u> - On-line pornography - External speakers - I <u>Trich</u> - McLellan 9. RSE - Children's Mental Health <u>Wk</u> - External speakers – Patrick Foster - Epic 10. <b>National Careers Week</b> – Student Finance / UCAS process clearing & adjustment 11. Road Awareness presentation- External speakers - Leicestershire Fire Service 12. RSE - Bakhita's prayer 1of 2 - Tutor led session
<b>Citizenship</b> Young people & the law & responsibilities FBV	Thursday 5 May period 3 Thursday 19 May period 4	13. RSE – Gender roles – misconceptions – External speakers – BTC 14. RSE - Bakhita's prayer 2of 2 - Tutor led session
<b>Personal well being</b> Personal choices	Friday 10 June period 2	15. Year 13 study leave

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