

Year 8 PSHCE Programme 2022-23



Unit title		Content
Personal Well-being Informed & positive choices RSE & SMSC	Monday 12 Sept period 2 Monday 26 Sept period 3 Monday 10 Oct period 4	1. RSE - Wider World – Tutor led session – 1010 Resources 2. RSE – Girls on Board - HOY 3. FBV - Faith and Food - External Speakers - St Phillips
Economic Wellbeing Careers & Choice	Tuesday 8 Nov period 2 Tuesday 22 Nov period 3 Tuesday 6 Dec period 4 Tuesday 10 Jan period 5	4. RSE - Internal Anti-Bullying Week – External speakers - BTC 5. Careers Session 1 of 3 6. Careers Session 2 of 3 7. Careers Session 3 of 3
Personal Well-being Informed & positive choices RSE & SMSC	Wednesday 25 Jan period 2 Wednesday 8 Feb period 3	8. RSE - Internal e-safety wk - Think before you share - External speakers - Warzone 9. RSE - Children's Mental Health Wk - (Feel great, be great) - External speaker – Mr D Reed
Citizenship Rights & responsibilities – RSE & SMSC	Wednesday 1 March period 4 Thursday 16 March period 2 Thursday 20 April period 3	10. National Careers Week - External Speakers 11. FBV - Role of MP's - Tutor led session 12. FBV - Votes for Women - External speakers - BTC
Personal Well-being Informed & positive choices – RSE & SMSC	Thursday 4 May period 4 Friday 19 May period 2 Friday 9 June period 3 Friday 23 June period 4	13. RSE – Personal Relationships - Tough Relationships – external speakers - BTC 14. RSE - The Trouble with Max 1 of 2 - Tutor led session 15. RSE - The Trouble with Max 2 of 2 - Tutor led session 16. RSE - Drugs & Alcohol Awareness - External speakers – BTC

RSE = Relationships and Sex Education Programme
 FBV = Fundamental British Values within *
 SMSC = Spiritual, Moral, Social, Cultural requirements

Themed Weeks