

Year 9 PSHCE Programme 2022-23



Unit title		Content
Personal Well-being Informed & positive choices & - RSE & SMSC	Monday 12 Sept period 2 Monday 26 Sept period 3 Monday 10 Oct period 4	1. Careers Session 1 of 4 2. Careers Session 2 of 4 3. Careers Session 3 of 4
Economic Wellbeing Career Development & Choice	Tuesday 8 Nov period 2 Tuesday 22 Nov period 3 Tuesday 6 Dec period 4 Tuesday 10 Jan period 5 Wednesday 25 Jan period 2 Wednesday 8 Feb period 3	4. RSE - Internal Anti-Bullying Week -1010 resources - Tutor led session 5. RSE – Alcohol Awareness - The Smashed Project – Tutor led session 6. FBV - Respecting the Environment - External speaker - Greenpeace 7. Girls on Board – HOY 8. RSE - Internal e-safety wk - External speakers- Mr Patrick Flynn 9. RSE - Children’s Mental Health Week – External Speakers – Sam Shilton – Resilience
Citizenship & Personal Well-being Informed & positive choices – RSE & SMSC	Wednesday 1 March period 4 Thursday 16 March period 2 Thursday 20 April period 3 Thursday 4 May period 4 Friday 19 May period 2 Friday 9 June period 3 Friday 23 June period 4	10. National Careers Week - External Speaker 11. FBV - Democracy – External speaker – BTC 12. RSE – Love Honour Cherish - Tutor led session 13. SMSC – The importance of sleep – External speaker – BTC 14. RSE - My body – Love People, use things - Tutor led session 15. SMSC – All about money – External Speaker – Mr D Higham 16. Careers Session 4 of 4

RSE = Relationships and Sex Education Programme

FBV = Fundamental British Values within *

*SMSC = Spiritual, Moral, Social, Cultural requirements

Themed weeks